



St. Theresa & St. Thomas of Villanova "Novena for Life"

Sat, Jan 18th to Sun, Jan 26th

Day 9 of 9: Sunday, January 26, 2020

Step 1. REFLECTION:

January 22nd was the 46th anniversary of Roe v. Wade. We mourn the many children's lives ended by abortion and remember in prayer those who suffer the aftermath. The Church comes together to pray for the protection of all unborn children and to make reparation for abortion, trusting that the Lord hears our prayers. Pope Saint John Paul II wrote, "A great prayer for life is urgently needed, a prayer which will rise up throughout the world. Through special initiatives and in daily prayer, may an impassioned plea rise to God, the Creator and lover of life, from every Christian community, from every group and association, from every family and from the heart of every believer" (*Evangelium vitae*, 100). May that prayer arise in our hearts today and each day forward until every human being is protected in law and welcomed in life.

Step 2. ACTS OF REPARATION (choose one):

- Abstain from snacking today. Eat three meals only.
- Learn how to pray the Angelus (<u>www.usccb.org/angelus</u>), and consider saying it every day for the next week — on awakening, at noon or at 6 p.m. (or all three times).
- Offer some other sacrifice, prayer or act of penance that you feel called to do for today's intention.

One Step Further: More women and girls consider abortion than we may realize. They are our relatives and friends, people who work with us or for us. Even if someone identifies as being pro-life, the shock of an unexpected pregnancy, the devastation of a difficult prenatal diagnosis, shame, pressures or fears may influence her to consider abortion.

If someone shared with you she was pregnant and hadn't ruled out having an abortion, would you know how to respond in a loving way that is life-affirming for both her and her baby? Learn about the four steps of the L.O.V.E. Approach™: Listen and Learn, Open Options, Vision and Value, and Extend and Empower (www.usccb.org/l-o-v-e).

For other simple tips on how to provide loving, life-affirming support for a friend who is unexpectedly pregnant, read "10 Ways to Support Her When She's Unexpectedly Expecting" (www.usccb.org/support-her).



PRAYER FOR LIFE

O Mary, bright dawn of the new world, Mother of the living, to you do we entrust the cause of life: Look down, O Mother, upon the vast numbers of babies not allowed to be born, of the poor whose lives are made difficult, of men and women who are victims of brutal violence, of the elderly and the sick killed by indifference or out of misguided mercy. Grant that all who believe in your Son may proclaim the Gospel of life with honesty and love to the people of our time. Obtain for them the grace to accept that Gospel as a gift ever new, the joy of celebrating it with gratitude throughout their lives and the courage to bear witness to it resolutely, in order to build, together with all people of good will, the civilization of truth and love, to the praise and glory of God, the Creator and lover of life. Amen.

> Pope John Paul II Evangelium Vitae, 1995

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